

Personal information:

Name	Adam	Main Subject	Physical Education	Secondary Subject	Science
------	------	--------------	--------------------	-------------------	---------

My academic qualifications:

School/College	University
<u>Qualification GCSE:</u> Maths (5), English (5), Science (6), Religious Studies (5), PE (6), History (5), Enterprise and Marketing (Merit).	York St John University <u>Qualification:</u> BSc (Hons) Physical Education and Sports Coaching (2:1)
<u>Qualification BTEC Level 3:</u> Sports Science (M, M, M)	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	TUNOVA Gym Personal Trainer and Coaching, Darlington (2020 - 2022)
PGCE Placements	Haughton Academy , Darlington, (October - December 2025) Grangefield Academy , Stockton, (February - June 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">I have played football for a vast amount of time and also coached at University and on my initial placement.I have refereed boys and girls football at a range of ages.Before University I helped coach children of a varied age with fitness and strength in a gym.I competed for team England in kettlebell sport (a form of endurance weightlifting) and coached youth athletes.I have been apart of a varied amount of after-curricular clubs which has exposed me to a wide range of sports.	<ul style="list-style-type: none">PREVENT training (DfE)Safeguarding Training (Education North Tyneside)British Gymnastics Trampoline Level 1 & 2 Teacher's AwardEnhanced DBS CertifiedYouth Mental Health First AiderIntroduction to teaching HandballSecondary LTA Teachers' AwardECB Chance to ShineFirst Aid at Work.Parkour CPDBadminton CPDSwimming CPD	<ul style="list-style-type: none">I am confident in teaching both practical and theory PE, and can thrive in both phases to promote learning.I am strong in GCSE PE work and have completed moderation of practical and coursework elements.I have developed good questioning skills and have used many methods such as cold calling and scaffolding.I have been forward in using feedback provided and reviewing my own lessons for positives and negatives.I can adapt activities to meet the needs of pupils based on prior learning, rates of progress or challenges within a lesson.I have been using effective scaffolding within my lessons to help a range of pupils including EAL and SEND pupils.

My personal skills and qualities:

I am a punctual and hard working individual who is fully focused on self development. My ability to build strong relationships with peers and students allows for positive learning environments and ensures I give the best support I possibly can. I can work on my own initiative or part of a team, I am a good communicator both written and orally and can foster good professional relationships. I am capable of working under pressure and thrive when challenged with whatever comes my way.

My other interests and hobbies:

In my spare time I enjoy going for walks with my dog and going to the gym. I enjoy playing football and now play for fun as well as going to the gym as much as possible. I enjoy spending time with my Mam and Grandparents and seeing my friends when possible. I am keen on watching football and enjoy going when I am capable of doing so.. I am a fan of many sports and enjoy playing as many as possible in my spare time such as paddle, badminton and futsal.

Preferred location:

North East or Australia

