

Personal information:

Name	Alex	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<u>Qualification GCSE:</u> PE (8), English Language (6), English Literature (6), Mathematics (7), Geography (7), Biology (6), Chemistry (6), Physics (5), German (6), Drama (5)	Northumbria University <u>Qualification:</u> BSc (Hons) Sports Coaching (2:1)
<u>Qualification BTEC Level 3 Diploma:</u> Sport (Performance & Excellence) (D*)	Northumbria University <u>Qualification:</u> MSc Sports Performance and Analysis (Merit)
	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	The King Edward VI School (2018 - 2019) - I undertook a work placement of 60 hours within my old school, this included leading and observing lessons whilst shadowing the PE staff. St Benet Biscop Catholic Academy (2022-2024) - Cover Supervisor for Schools Mutual Services St Roberts of Newminster (2022 - 2024) - Cover Supervisor for Schools Mutual Services All Stars Sport (2024 - 2025) - Sports Coach assisting Half Term summer Camps. Dame Allans School (2024 - 2025) - Worked full time as a Graduate Sports Teaching Assistant, this included leading my own afterschool clubs, coaching and taking teams to fixtures, covering lessons and assisting in day to day admin.
PGCE Placements	Bede Academy, Blyth (October - December 2025) John Spence Community High School, North Tyneside (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Semi Professional Rugby player for 6 years playing for Newcastle Thunder, York City Knights and Workington Town RLFC.Represented England Youth (2017) and Academy (2019).Represented school in Athletics, Football and Basketball.Sports Scholar at Northumbria University (2020 - 2024)First Team Captain of Northumbria Rugby League (2023-2024)County Golfer as an adolescentVoluntarily coached the Newcastle Thunder U16s Scholarship Programme.High levels of competency at racket sports.	<ul style="list-style-type: none">England Rugby Coaching AwardBritish Gymnastics Trampoline Level 1 & 2 Teacher's AwardEnhanced DBS CertifiedYouth Mental Health First AiderIntroduction to teaching HandballSecondary LTA Teachers' AwardECB Chance to ShineFirst Aid at Work.PREVENT training (DfE)Safeguarding Training (Education North Tyneside)	<ul style="list-style-type: none">Experience of teaching KS2, 3, 4 & 5Effective questioning techniques to broaden and deepen understanding and knowledge.A wide range of knowledge on traditional and non traditional sports and activities.Strong understanding of GCSE PE and BTEC sport developed through teaching experience and enjoyment of the subject.Strong ability to reflect upon own practice through feedback from others and self-reflections.Quickly build and maintain positive working relationships and rapport with staff and students.Strong subject knowledge around anatomy and physiology and sociology.Wide range of preventative and reactive behaviour management strategies.

My personal skills and qualities:

I am a hard-working, self-motivated, approachable and reliable person who is constantly seeking opportunities to further themselves. I possess excellent leadership skills having captained Newcastle Thunder for the 2024 and 2025 season. Being a team captain allowed me to develop and enhance my communication skills as well as demonstrating the ability to work well within a team. By being approachable and outgoing I am able to quickly build positive rapport in any environment. Throughout both my playing and academic career, I have learnt the importance of feedback and how it can shape one's experience, this has allowed me to reflect on how I engage with students to help support their learning. I am easily adaptable and flexible, often being able to think of solutions on the spot and I am not afraid to try new things.

My other interests and hobbies:

I previously captained and played for the North East's only Professional Rugby league Team, Newcastle Thunder. I now play for Workington Town RLFC. In my younger years I also enjoyed playing Golf, this included representing Northumberland County, I continue to play recreationally. I have recently started to play Padel with my friends which I am really enjoying. Away from sport I enjoy going to the gym, trying new food or coffee places, gaming and trying to learn chess!

Preferred location:

North East

