

## Personal information:

Name	Amy S	Main Subject	Physical Education	Secondary Subject	Maths
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## My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> English Language (6), English Literature (5), Mathematics (7), Biology (5), Chemistry (6), Physics (5), Spanish (4), Physical Education (7), Geography (6), Music (D*)	<b>Northumbria University</b> <u>Qualification:</u> BSc (Hons) Sports and Exercise Science (2:1) <b>North Tyneside SCITT (2025 - 2026)</b> <u>PGCE and QTS:</u> Secondary Physical Education (pending)
<u>Qualifications A Level:</u> Level 3 BTEC Sport (D*), Geography (C), Psychology (C), Extended Project (C)	

## The experience I have had in schools:

Employment or voluntary experience in schools / with children	<b>Consett Academy</b> , Durham (January 2024 - July 2025) - Completed my University placement in 2024 and then volunteered to help after my university placement for an extra year. <b>Swimming Instructor with Swim City</b> , Birtley (August 2025 - present) - Work with all ages and disabilities, teaching them how to swim and about water safety. <b>Kids Camp Coach Internship</b> , Northumbria University (April 2024 - August 2024) Easter and Summer Camps throughout my time at university, teaching children aged 4-12 years old all sports.
PGCE Placements	<b>Ponteland High School</b> , Northumberland (October - December 2025) <b>Thorp Academy</b> , Gateshead (February - July 2026)

## The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none"><li>Netball: Played from a young age, represented the school team, competed regionally, captained a season, and was also a ball girl for the Northumbria netball team. Selected as a GCSE Sport.</li><li>Badminton: Chosen as a GCSE sport and developed further by delivering a practical lesson at university.</li><li>Athletics: Competed in 1500m and 800m at school, regularly completing 5k and 10k races, competed in the 2025 Great North Run and will compete again in 2026</li><li>Rugby: Represented the school rugby team and played in all fixtures up to age 16/17.</li><li>Swimming: Competed regionally through a local club and currently work as a Swim City Instructor.</li><li>Dance: Participated throughout childhood in a community dance club covering contemporary and modern styles.</li><li>Fitness: Regular gym attendance and strong performance in school fitness tests.</li></ul>	<ul style="list-style-type: none"><li>British Gymnastics Trampoline Level 1 &amp; 2 Teacher's Award</li><li>First Aid at Work</li><li>Introduction to futsal award</li><li>Introduction to handball award</li><li>Safeguarding Training (Education North Tyneside)</li><li>PREVENT training (DfE)</li><li>Level 1 &amp; Level 2 Rugby Union Coaching Award (RFU)</li><li>ECB Chance to Shine Secondary Teacher's Award</li><li>LTA Secondary Teacher's Award</li><li>RLSS UK Emergency First Aid</li><li>STA Level 2 Swimming Teaching Award</li><li>MHFA England Youth Mental Health First Aid</li></ul>	<ul style="list-style-type: none"><li>Completed GCSE PE Practical and Theory Moderation.</li><li>Officiated primary school gymnastics competition.</li><li>Effective questioning techniques are used to assess understanding, promote critical thinking and support progress.</li><li>Ability to engage and motivate pupils of all abilities through varied and inclusive teaching approaches.</li><li>Commitment to ongoing professional development, consistently reflecting on and improving my practice.</li><li>Strong subject knowledge across a range of sports, supporting accurate and confident lesson delivery.</li><li>Effective classroom management, establishing a positive, safe and well-organised learning environment.</li><li>Strong communication skills, enabling clear instruction and positive relationships with pupils and staff.</li></ul>

## My personal skills and qualities:

I am a motivated and proactive team player with strong communication and leadership skills. I am caring, supportive and adaptable, and work well with others to achieve shared goals. My experience across different sports has developed my resilience and problem-solving ability, and I'm confident working independently or collaboratively. I bring a positive attitude, remain organised and dependable, and help maintain a supportive and productive team environment.

## My other interests and hobbies:

In my spare time, I like keeping active through running, going to the gym, and taking my dog for long walks, which I find is a great way to clear my head and get some exercise in. I really enjoy spending time with friends and family, whether that's catching up over food or planning days out together. When I want to slow things down, I love getting into a good book, as it helps me relax and switch off from a busy day. I find having a mix of active hobbies and quieter ones gives me a good balance.

## Preferred location:

North East England

