

Personal information:

Name	Antje	Main Subject	Physical Education	Secondary Subject	English
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> English Language (5), English Literature (5), Maths (4), Combined Science (4, 4), Geography (6), French (4), Food Preparation and Nutrition (5), Physical Education (7)	Leeds Beckett University <u>Qualification:</u> BA (Hons) Physical Education (2:1)
<u>Qualifications BTEC Level 3:</u> National Extended Diploma Sport and Exercise Science (D,D,D)	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	St Chad's Church Of England Primary School , Leeds, (October 2024) Ellingham Primary School , Northumberland, (January 2024)
PGCE Placements	Whitley Bay High School , North Tyneside, (October - December 2025) Duchess Community High School , Alnwick, (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">• Represented Northumberland at County Athletics for school and for my previous athletic clubs.• I have played netball for higher age groups during my time in high school and in college.• I have completed 3 outdoor education based modules during University, so I am confident in leading adventure activities.• Represented school in netball, volleyball, badminton, hockey and rugby.• Experienced skier• I have volunteered for several years at a reception to year 8 (age 4 - 14) sports camp..• I have helped my Harrier teams at many athletic events, during cross country season, spring/ summer track and field events.• I have marshalled cycling events and long-distance running races.• I have been a kit carrier/marshall for international athletes at Diamond League Athletic events.	<ul style="list-style-type: none">• Youth Mental Health First Aid• Prevent training (DfE)• Safeguarding Training (Education North Tyneside)• England Rugby Coaching Level 1 and 2• Introduction to Teaching Handball Award• First Aid Training• ECB Chance to Shine• Secondary LTA Teacher's Award• Secondary FA Teacher's Award• FA Introduction to Futsal	<ul style="list-style-type: none">• GCSE Practical PE Moderation• Use of modelling, expectations and behaviour management.• Able to implement consistent and clear routines• Good subject knowledge in non traditional sports• Quick to learn student's names and establish positive relationships with students• Pride myself on respectful, consistent and positive behaviour management approaches• Adept at pre planning and implementing a range of questioning strategies to check for understanding and deepen learning• Regular individual and group feedback that supports progress in lessons

My personal skills and qualities:

I demonstrate strong leadership through adaptability, collaboration, and the ability to support and guide others effectively. I show patience and empathy, and I am committed to fostering an inclusive and supportive learning environment where all individuals feel respected, valued, and confident to succeed. Highly organised and effective in time management, I am able to balance multiple responsibilities and consistently meet academic deadlines. I also possess strong communication skills, clearly articulating ideas while listening attentively, which enables me to build positive and professional relationships with both students and staff.

My other interests and hobbies:

I enjoy outdoor activities, cooking and baking, spending time with animals, and travelling, with a particular interest in exploring the history and culture of new places. I have also gained coaching experience across a range of ages and abilities through athletic training sessions with Alnwick Harriers, Gateshead Harriers, Gateshead College, and the Leeds Beckett Athletics Throws Group.

Preferred location:

All areas in the North of England

