

Personal information:

Name	Constance	Main Subject	Physical Education	Secondary Subject	Science
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> English Language (6), English Literature (7), Maths (6), Combined Science (7, 6), Physical Education (9), History (8), Geography (8), Religious Education (9) <u>Qualifications A Levels:</u> Physical Education (A), Psychology (B), History (B)	Newcastle University <u>Qualification:</u> BSc (Hons) Sport and Exercise Science (2:1) North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	Walbottle Academy , Newcastle, (September - December 2025) St Joseph's Catholic Academy , Hebburn, (January - July 2026)
PGCE Placements	Walbottle Academy , Newcastle, (September - December 2025) St Joseph's Catholic Academy , Hebburn, (January - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none"> Represented school in rugby (captain), netball, cross country, cricket, rounders, athletics (100m, 800m, 70m hurdles, high jump, long jump and pentathlon). Represented South Shields harriers in athletics and cross country. Represented the county in cross country. Represented Newcastle University Northern Angels in cheerleading. Captained Newcastle University Northern angels' level 1 team in my final year. 	<ul style="list-style-type: none"> British Gymnastics Trampoline Level 1 & 2 Teacher's Award. Level 2 England Rugby Coaching Award. Safeguarding Training (Education North Tyneside) Youth Mental Health First Aid (Mental Health England) PREVENT Training (DfE) Introduction to Teaching Handball Award LTA Secondary Teacher Award ECB Chance to Shine Secondary Teachers award FA Introduction to Futsal First Aid at Work 	<ul style="list-style-type: none"> Highly reflective practitioner, regularly reflecting on teaching methods and student outcomes. Seeking feedback and professional development opportunities to continuously strengthen my practice. Strong ability to build relationships with students to create a supportive and inclusive classroom atmosphere. Strong behaviour management by implementing high expectations and routines which create a consistent and effective learning environment. Implementing effective scaffolding and modelling to allow all students to achieve. I can adapt activities to meet the needs of pupils based on prior learning, rates of progress or challenges within a lesson. Experience of working effectively with pupils with significant SEND and EAL.

My personal skills and qualities:

I am an enthusiastic, positive and hard working individual who is passionate about children participating in and enjoying sport and physical activity. I am a highly organised person maintaining an efficient schedule, always keeping track of deadlines and completing tasks to a high standard. Playing sports throughout my life I have developed strong communication skills and the ability to thrive in team environments. I value collaboration, adaptability, and learning from the perspectives of others. I am now striving to develop these qualities further as I work towards becoming an excellent teacher.

My other interests and hobbies:

I have completed my first half marathon, running the great north run for cancer connections, and have fallen in love with running. Aside from running I have represented Newcastle Northern Angels in cheerleading my past three years at university, also taking on the role as social secretary in my second year and team captain of the level 1 team in my final year. I continue to help the club host charity events and to support all the teams. Aside from sport I enjoy time with friends and family, socialising and going on holidays.

Preferred location:

North East England

