

Personal information:

Name	Fraser M	Main Subject	Physical Education	Secondary Subject	English
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> Maths (C), English Language (C), English Literature, (C), Geography (C), Business Communication Studies (A)	Northumbria University <u>Qualification:</u> BSc (Hons) Sports Management (2:1)
<u>Qualifications BTEC Level 3:</u> IT (Distinction), Business (Distinction), CTEC Sport (Merit)	North Tyneside SCITT (2024 - 2025) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	Dame Dorothy Primary School , (2018) PE Apprentice Holy Trinity CE Academy , (2019) PE Apprentice
PGCE Placements	Jarrow School , South Tyneside (October-December 2025) St Cuthberts Catholic High School , Newcastle (February-July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">• Represented school in Football, Rugby, Cricket and athletics.• Represented local club in football• Competed in multiple long distance running events• Competed in multiple Crossfit events• Avid hiker and currently completing a Wainwright hiking challenge• Competed in bouldering/climbing events	<ul style="list-style-type: none">• British Gymnastics Trampoline Level 1 & 2 Teacher's Award• Enhanced DBS Certified• Youth Mental Health First Aider• Introduction to teaching Handball• Introduction to teaching Futsal• Secondary LTA Teachers' Award• ECB Chance to Shine• First Aid at Work.• PREVENT training (DfE)• Safeguarding Training (Education North Tyneside)	<ul style="list-style-type: none">• GCSE and Practical PE moderation• Cambridge National coursework moderation• Taught traditional and nontraditional sports and activities in core PE lessons at key stage 3 and 4• Lead primary school residentials• Teaching assistant in primary schools for two years - developing inclusive strategies• Taught curriculum PE for multiple year groups in KS3&4• Demonstrated ability to foster a positive learning environment through high expectations, proactive engagement, and consistent use of praise. Skilled in delivering highly organised lessons that align strictly with school policies.• Passionate advocate for inclusion with practical experience in specialist SEND provisions. Proven track record of supporting students with autism and adapting teaching strategies for those within Additional Resourced Provisions.

My personal skills and qualities:

I am a highly motivated, energetic, and punctual educator with a genuine passion for teaching and a proven resilience in the face of challenges. I pride myself on being a positive role model and have a natural ability to build strong, positive relationships with pupils, creating a supportive environment where they can thrive. I am approachable, open to feedback for my professional development, and deeply enthusiastic about sports. I am excited by the prospect of shaping young lives and making a lasting difference through a career in physical education.

My other interests and hobbies:

I have a strong passion for outdoor adventure and functional fitness, currently focusing on completing the Wainwright hiking challenge. This pursuit has significantly enhanced my navigation skills and resilience in challenging environments. My commitment to fitness extends to climbing and CrossFit, where I thrive in the community-driven environment; these disciplines rely on effective communication, mutual encouragement, and shared problem-solving. I am currently channeling this drive into training for the 'Run Through Lake District' Festival, a goal that requires meticulous personal scheduling and a commitment to long-term endurance. Beyond my personal training, I have a broad interest in sport as a whole as well as travel, frequently combining the two to explore new countries and cultures..

Preferred location:

North England

