

Personal information:

Name	Fraser Y	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> Maths (5) English Literature (5) English Language (5) Science (66) Geography (5) Spanish (5) IT (P2) Sport Science (D2*) Business (M2)	Sunderland University (2022 – 2025) <u>Qualification:</u> BSc (Hons) Sports Coaching and Physical Education (First Class)
<u>Qualifications BTEC:</u> National Extended Diploma in Sports Coaching and Development (D*, D*, D*)	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	Framwellgate Moor Primary School , Durham (December 2022 – July 2023) University Placement Framwellgate School , Durham (November 2023 – March 2024) University Placement Framwellgate School , Durham (October 2024 – July 2025) University Placement Park View School , Chester Le Street, (March 2022 - 1 week) College Placement AE Sports Coaching (Summer Sport Camps), County Durham, (July 2023-present) Chester Le Street Multi Sports - Volunteer Coaching Multi sports sessions (2016-2025)
PGCE Placements	St Joseph's Catholic Academy , Hebburn, (October 2025-December 2025) Monkwearmouth Academy , Sunderland (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Represented the school in football, athletics, cross country and had the opportunity to referee school games.I have represented the school and county at Hammer Throw in athletics.I have refereed and been a linesmen at Sunderland Academy, including refereeing Sunderland U23 Women.I have competed in athletics for both Chester-Le-Street AC and Sunderland Harriers, specifically having competed in all three disciplines over my time at Chester Le Street AC.Having the correct mindset to keep going and push through tough and hard challenges.	<ul style="list-style-type: none">FA Football RefereeEngland Athletics Young Leaders CoachFA Level 1 Football CoachFA Safeguarding and First AidPE CPD Primary Practical Core ModulesPE CPD Secondary Practical Core ModulesLTA Tennis Secondary Schools CPDLTA Tennis Primary Schools CPDIntroduction to Futsal CPDChance to Shine Cricket primary schools CPDPediatric First AidBritish Gymnastics Level 1 & 2 Teachers Trampoline AwardPrevent Training (DfE)Safeguarding Training (Education North Tyneside)Mental Health First Aid (MHFA England)	<ul style="list-style-type: none">Circulation within the classroom to provide effective feedback to students.Continuously improving teaching practices by acting on feedback, learning from experts and having a strong ability to reflect on practices, setting targets for the future.Tailoring lessons and implementing adaptations during lessons to support students' needs and abilities, modifying equipment and activities for SEND and EAL pupils.Building and maintaining strong and positive relationships with both staff and students.Passionate about providing a wide range of extra curricular.Experience of moderation activities in practical, coursework and examination PE courses.

My personal skills and qualities:

I am a hard working and positive individual and I can work independently and within a team environment. I can take feedback well and I am committed to making improvements wherever I can. I can adapt to different scenarios and think quickly when I need to. I am devoted to helping students learn and develop through a variety of sports and helping them believe in their own abilities. I believe I can plan effective lessons to enable the students to learn by progressing and regressing activities and tasks, allowing for differentiation and adaptability to ensure the development and inclusion of all students.

My other interests and hobbies:

I have always been interested in fitness, through running and weight training, and I am keen on staying physically active. From a young age, I enjoyed running with family members and regularly completed the Saturday morning parkrun 5k. I have also been drawn to speed and power, which led to a strong interest in engineering and Formula 1. Drivers such as Lewis Hamilton and Jenson Button represent the pinnacle of motorsport, showing what can be achieved through self belief, resilience, and proving doubters wrong. Music is another passion of mine, with artists like Bon Jovi and Take That offering contrasting genres. Their music helps me relax, clear my mind, and both were incredible to see perform live on stage together.

Preferred location:

North East

