

Personal information:

Name	Holly	Main Subject	Physical Education	Secondary Subject	Science
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> French (4), Geography (6), Mathematics (5), Biology (5), Chemistry (6), Physics (5), Physical Education(8), English Language (5), English Literature (6)	Durham University <u>Qualification:</u> BA (Hons) Sport, Exercise and Physical Activity (2:1)
<u>Qualifications BTEC level 3:</u> Sport (D*, D*, D*)	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)
<u>Qualification:</u> Institute for Apprenticeships and Technical Education - Teaching assistant Level 3 (Distinction)	

The experience I have had in schools:

Employment or voluntary experience in schools / with children	High Tunstall College of Science , Hartlepool, (2020-2022) PE Apprenticeship Clockwork Education , North East Schools – Supply / Agency Work during university (2022-2025)
PGCE Placements	The Grangefield Academy , Stockton (October-December 2025) Framwellgate School , Durham (February-July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">• Competed in netball at county level; long-standing player for Oaksway Netball Club from age 5, competing in national finals.• Competed in swimming at regional level through Hartlepool swimming club.• Strong personal interest in tennis and horse riding.• Represented my school in netball, Swimming, football, athletics, and rounders.• Proven on-court leadership through captaincy roles, including organising teams, motivating players, and leading by example.• Gained my Full Colours Award at school for taking part in a range of sporting activities for 5 years.• Sports Leader of the Year Award - secondary school level.• Selected to be Part of the Advanced Performance Programme for Excelling in Sport - secondary school level.• Strong commitment to long-term athletic development, balancing high-level sport with academic demands.	<ul style="list-style-type: none">• British Gymnastics and trampolining Level 1 & 2 Teachers Award• YMCA Level 2 Certificate in Fitness Instructing – Gym-Based Exercise• Youth Mental Health First Aid (Mental Health England)• Safeguarding Training (Education North Tyneside)• PREVENT Awareness Course (DfE)• Introduction to Teaching Handball Award.• LTA Secondary Teachers Award.• Level 2 England Rugby Coaching Award.• ECB Chance to Shine Secondary Teachers Award.• FA Introduction to Futsal• First Aid at Work.	<ul style="list-style-type: none">• Strong KS3, 4 and 5 curriculum knowledge in practical and examination PE• Effective behaviour management across classroom and practical settings, applying school policies consistently.• Commitment to ensuring pupil progress, high expectations for effort, engagement, and improvement in both written and practical outcomes.• Positive relationships and pupil motivation - Building strong rapport with pupils to encourage participation and resilience in both theory and practical lessons.• Strong teamwork and professionalism - working collaboratively with PE staff, SENDCos and pastoral teams - experience of working across different classes, year groups, and environments• Experience supporting GCSE PE practical and theory moderation, ensuring assessment decisions are accurate, consistent, and aligned with examination board criteria.

My personal skills and qualities:

I have strong communication and interpersonal skills, enabling me to build positive relationships with pupils, staff, and parents that support learning and wellbeing. I demonstrate effective leadership through lesson delivery and leading extracurricular activities, and I am adaptable and resilient when working across different school settings. I am well organised, work collaboratively within PE departments, and motivate pupils of all abilities to engage positively in PE and develop a lifelong enjoyment of physical activity. I am also committed to continuous professional development and improving my teaching practice.

My other interests and hobbies:

Outside of my academic and professional commitments, I have a strong interest in sport and physical activity. I have competed in netball at county level and continue to play regularly, which has developed my teamwork, discipline, and commitment. I also enjoy tennis and padel as individual challenges that allow me to stay active and continually develop new skills. Alongside sport, I have a strong passion for music and regularly attend live concerts, and I enjoy travelling and exploring new places. I value spending time with family and friends and maintaining a healthy work-life balance, which supports my overall well-being and professional effectiveness.

Preferred location:	North East
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