

Personal information:

Name	Jack	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<u>Qualifications GCSE:</u> Mathematics (9), Biology (8), History (8), Religious Education (8), English Literature (7), PE (7), Physics (7), Chemistry (6), English Language (6), German (4)	Newcastle University <u>Qualification:</u> BSc (Hons) Sport and Exercise Science with Placement Year (2:1)
<u>Qualifications A level:</u> Physical Education (A), Maths (B), Psychology (B)	North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	Bede Sixth Form College , Billingham (September 2023 - 2024) - Sports Coordinator and Teaching Support Sportcool Durham Holiday Club , County Durham (2025 - Present) - Holiday Club Lead Coach Yarm Rugby Club , Yarm (2018 - Present) - Youth Coach
PGCE Placements	Kepier School , County Durham (October - December 2025) Houghton Academy , Darlington (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">• Played County Rugby for Durham County from U15s to U18s.• I captained my college rugby team, playing against ACE colleges such as Hartpur and Gosforth College.• I swam as part of Thornaby ASC for 10 years, competing for the club for the last 4 years.• I represented my school at several local athletic events. Competing in the throwing event.• I played cricket for 3 years, at both Stockton and Yarm cricket clubs.	<ul style="list-style-type: none">• England Rugby Coaching Award Level 2• England Rugby Headcase Concussion Training• British Gymnastics- Trampoline Level 1 and 2 Teaching Award• Youth Mental Health First Aid• Safeguarding Training (Education North Tyneside)• Prevent Training (DfE)• First Aid at Work.• ECB Chance to Shine• Secondary LTA Teachers' Award• Secondary FA Teachers' Award• FA Introduction to Futsal• Introduction to Teaching Handball Award	<ul style="list-style-type: none">• I have a broad understanding of the curriculum covering a broad range of sports and physical activities.• My theory PE knowledge is very strong, having experienced teaching GCSE and OCR PE, BTEC PE (Level 2 and 3) through my placements, as well as my knowledge gained through my degree and A Level. This has also been supported by completing GCSE moderation and standardisation.• I am highly able in planning for and questioning students to check for understanding, as a way to support behaviour management and to scaffold learning.• I have developed a strong ability to self-reflect, allowing me to adapt my future lessons, ensuring high levels of student progress.• I have embedded consistent routines for all classes and set high expectations in all elements of my teaching.

My personal skills and qualities:

Through my time playing sports, my teamwork skills have always been a strong point and were further developed through my time working in retail and my former placement schools. Through the vast range of experiences I have encountered, I have developed an ability to adapt my communication and understanding to suit the person. This has led to a quick development of friendships within new groups and the creation of positive environments. This has also supported my placement in schools in which I have been better able to explain instructions to fit the needs of the students.

My other interests and hobbies:

I am a keen follower of various sports, including cricket, football, rugby, and F1, which I follow closely. As well, I enjoy watching and playing Golf. My interests outside of sport are coffee and game shows. Coffee is a vital part of my day; I enjoy trying different roasts and blends, as well as experimenting with new coffee brewing methods. I watch game shows very regularly, having my Monday nights consist of Mastermind, Only Connect and University Challenge, with all shows being back to back. I enjoy the testing of my general knowledge. This also feeds into my enjoyment of a pub quiz, which I would attend with my friends regularly throughout my time at University.

Preferred location:

North East/ North Yorkshire

