

Personal information:

Name	Jessica	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<u>Qualifications GCSE and BTEC Level 2:</u> English Language (6), English Literature (5), Maths (6), Combined Science Trilogy (5-4), Religious Studies (6), Geography (4), Design and Technology (6), Sports Studies (M,M). <u>Qualifications BTEC Level 3:</u> Business (D,D), Sports Studies (M)	Northumbria University <u>Qualification:</u> BSc (Hons) Sport and Exercise Science (2:1) North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)

The experience I have had in schools:

Employment or voluntary experience in schools / with children	St Robert's of Newminster , University placement, Sunderland (January - February 2024), supporting PE department.
PGCE Placements	Whitburn Church of England Academy , Sunderland (October - December 2025) Ponteland High School , Northumberland (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Represented school and captained my team in netball and I still currently play for a club and train weekly.Represented school in hockey, rugby, badminton and rounders.Jiu-jitsu (martial arts) - trained from an early age, achieved a black belt and further grades.Competent Skier.	<ul style="list-style-type: none">Prevent Awareness Course (DFE).Level 2 England Rugby Coaching Award.Youth Mental Health First Aid (MHFA England)Safeguarding Training (Education North Tyneside).British Gymnastics Trampoline Level 1 & 2 Teacher's Award.First Aid at Work.Introduction to Teaching Handball Award.LTA Secondary Teacher's Award.ECB Chance to Shine Secondary Teacher's Award.FA Introduction to Fustal.Into Netball Umpiring Award	<ul style="list-style-type: none">A high ability to develop meaningful and professional relationships with students.Setting high expectations through all classes to ensure a high quality of learning in lessons.Experienced GCSE practical and theory moderation.Adept in a range of preventative behaviour management techniques to ensure safe learning environments.Secure and strong subject knowledge across the physical education curriculum.Use of a broad range of questioning techniques, adapting techniques based on the needs of students.A strong ability to take both negative and positive feedback, reflecting immediately on my practice using evaluations from previous lessons.High organisational skills with strong lesson planning and rigorous preparation for every class I teach.

My personal skills and qualities:

I have taken on many roles and responsibilities which have increased my organisation, leadership and teamwork skills as I have led teams through sports and also have been a leader in a working context. I maintain a positive attitude and pride myself on being a bubbly and approachable individual, which will benefit me greatly in a school environment as it will create a welcoming and trusting atmosphere positively impacting on students and staff surrounding me. I actively seek opportunities to deepen my subject knowledge and refine my skills in order to improve the quality of my teaching.

My other interests and hobbies:

I play netball for my club weekly and enjoy competing in the Tyne and Wear league on a regular basis. I regularly engage in recreational sports including badminton, running, and fitness classes which I also value as an opportunity to socialise with friends. I am passionate about running and enjoy pushing myself, with my next challenge being to complete my first half marathon at the Great North Run. Another priority for me is spending quality time with family and friends, I particularly appreciate doing this whilst travelling and experiencing different cultures, cuisines, and perspectives from around the world.

Preferred location:

North East England