

Personal information:

Name	Louisa	Main Subject	Physical Education	Secondary Subject	Maths
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My academic qualifications:

School/College	University
<u>Qualifications GCSE and BTEC Level 2:</u> Creative Media (D, D), Performing Arts (D*), English Language (6), English Literature (5), French (5), Geography (6), Mathematics (7), Religious Studies (5), Biology (5), Chemistry (5), Physics (5)	Northumbria University <u>Qualification:</u> BSc (Hons)_Sport Coaching (First Class) North Tyneside SCITT (2025 - 2026) <u>PGCE and QTS:</u> Secondary Physical Education (pending)
<u>Qualifications BTEC Level 3:</u> Sports Coaching and Development (D*D*D*)	

The experience I have had in schools:

Employment or voluntary experience in schools / with children	Gateshead College (February - March 2024), Supported the sports department in practical and theory lessons for children completing Btec Sport Science and Sport Coaching Diplomas Washington Academy (June - July 2022), Shadowed the PE department and team taught basketball lessons and rounders during this time.
PGCE Placements	Whickham School , Newcastle Upon Tyne (October - December 2025) Jarrow School , South Tyneside (February - July 2026)

The strengths I have within my teaching:

Sporting Strengths	NGB / Other Coaching Awards	Teaching Strengths
<ul style="list-style-type: none">Member of a freestyle dance competition team for 15 years; transitioned to the coaching team after leaving and have been teaching dance since November 2024.Represented my secondary school in athletics, cricket, trampolining, cross country, and table tennis on multiple occasions.Gained gymnastics experience through dance training, with a focus on floorwork and acrobatics.Member of my college netball team from 2020 to 2022, with additional experience coaching the team while completing my Extended Diploma in Sport Coaching.Assisted with an after-school rock climbing club, including tying safety knots and belaying students throughout sessions.	<ul style="list-style-type: none">British Gymnastics Trampolining Teachers Level 1 & 2 Teachers Award.Youth Mental Health First Aid Award.PREVENT Training (DfE).Safeguarding Training (Education North Tyneside).ECB Chance to Shine Secondary Teacher's Award.LTA Secondary Teachers Award.FA Introduction to Futsal.Computer Science TrainingFA Secondary Teacher's AwardIntroduction to teaching HandballFirst Aid at Work.	<ul style="list-style-type: none">Build and maintain positive, professional relationships with students and staff.Adapt lessons effectively in response to facility changes, constraints or the need to adapt in the moment.Promote inclusion through experience working with SEND students, creating supportive and accessible learning environments.Committed to giving back to the community through extracurricular activities, including netball and rock climbing.Use adaptable behaviour management strategies to meet the needs of different classes and groups.Demonstrate strong reflective practice, using feedback to improve future lessons.Establish clear routines and maintain high expectations across all classes.

My personal skills and qualities:

I am a hardworking and enthusiastic individual, finding myself to be very approachable and able to build positive relationships with students and other members of staff. I have a strong commitment to inclusive practice, supported by extensive experience working with SEND students aged 5–18, and I aim to create supportive, engaging environments where all pupils feel confident to take part. I am reflective and motivated to continually improve my teaching practice to support student progress and enjoyment in physical education.

My other interests and hobbies:

Outside of education, I am devoted to spending time with family and friends. I regularly volunteer at my dance school, supporting classes and events. I maintain an active lifestyle and a strong connection to sport and the outdoors. I enjoy rock climbing with friends and frequently visit the Lake District, where I am working towards completing all of the Wainwrights!

On weekends and school holidays, I work as a Play Service Coordinator for Gateshead Council, managing teams of 5–15 staff, delivering a range of activities including planning and delivering trips for high-needs SEND children, many requiring 1:1 support due to behavioural or medical needs.

Preferred location:

North East